

# YEAR 2 EXAMPLE LONG TERM PLAN

LESSON 1

OR

LESSONS 1 & 2 FOR FIRST 3 WEEKS

LESSON 2

OR

LESSONS 1 & 2 FOR LAST 3 WEEKS

LEARNING THEME

NCPE LINK

AUTUMN 1

**look  
run  
avoid**



'Team games developing simple tactics for attacking and defending'

AUTUMN 2

**agility  
balance  
coordination**



'Master basic movements.. Including agility, balance, coordination'

SPRING 1

**inspire  
create  
perform**



'Perform dance using simple movement patterns'

SPRING 2

**strike  
react  
rally**



'Master basic movements.. Including striking and coordination'

SUMMER 1

**jump  
shape  
create**



'Master basic movements.. Including agility, balance, coordination'

SUMMER 2

**run  
jump  
throw**



'Use running, jumping and throwing in isolation and combination'

LEARNING THEME

NCPE LINK

**throw  
prepare  
catch**



'Master basic movements.. Including throwing and catching'

**duel  
win  
lose**



'Team games developing simple tactics for attacking and defending'

**hands  
feet  
equipment**



'Object control – developing coordination and control'

**fair  
share  
dare**




'Embed values such as fairness and respect'

**target  
control  
combine**



'Master basic movements.. Including throwing and coordination'

**react  
roll  
retrieve**



Modified games to develop fielding skills